

- What's the typical food Italy is famous for ?
- True or false ? Grocery retailers waste for more food than households do.
- What does PDO mean ?
- Why is it good to eat insects ?
- Which nutrients supplies more energy ?
- Who catches a flu or a cold eaier ? A person who does sport or a person who doesn't ?

- pizza
- false
- Protected Designation of Origin
- They contain a lot of proteins.
- carbohydrates
- A person who doesn't do sport.

- Which vegetables wer typical in Germany, in the past ?
- What can you do with food approaching its use by date ?
- What does PGI mean ?
- Which industrial beverage was very popular in 2013 ?
- How many levels are there in the food pyramid ?
- What is the easiest and cheapest way to work out ?

- Potatoes ( because they were cheap)
- Freeze ot eat.
- Protected Geographical Indication
- Bubble tea
- 5
- walking

- What is Bordeaux famous for ?
- Estimate how much food is wasted world wide : 20% or 50%
- What does TSG mean ?
- In which form can you buy insects ?
- How many liters od water is recommended to drink in a day ?
- You need proteins in order to build muscles. Where can you find some ?

- Wine
- 50%
- Traditionnal Speciality Guaranteed
- In cookies or normal form.
- 2L
- Meat, poultry, seafood , ...

- Name 2 types of pasta
- What is the average of food that is thrown away by consumers in Europe ?
- What is food label ?
- In what form do people eat raw fish ?
- Can you name 2 consequences of an unhealthy diet ?
- For how long should you be physical active every day ?

- Spaghetti, penne, linguine, spaccatelle, ...
- 90Kg
- Identity card of the food
- In sushi form
- Diabetes, indigestion, lack of energy, ..
- 30 minutes.